

Sacrament of Confirmation for Adults Class Syllabus

- Class 1:** *Orientation Night:*
What do you know about Catholicism?
○ CU: What It Means to Be Catholic – Satisfying 12 Human Needs
○ CU: The Joy of Being Catholic
○ CU: Sacraments of Initiation—God’s “I Love You”
What do you know about Confirmation?
○ CU (Book): Guide to Confirmation
○ CU: Who is the Holy Spirit
What questions do you have?
Have you made your First Eucharist?
Do you need an Annulment?
○ CU: 10 Questions About Annulment
- Class 2:** Saints/Choose a Saints’ Name
○ CU: Communion of Saints
- Class 3:** Discuss choosing Confirmation Sponsors
○ CU: Godparents and Sponsors
- Class 4:** Liturgical Calendar/Holy Days of Obligation
○ CU: Simple Facts, Deep Truths - The Liturgical Year
○ CU: Ash Wednesday – Our Shifting Understanding of Lent
○ CU: Lent - A Simple Guide
○ CU: Celebrating Lent in Your Home
○ CU (Booklet): The Way of the Cross
○ CU: Easter Springs to Life
○ CU: Why Catholics Celebrate Divine Mercy Sunday
○ CU: Celebrating the Christmas Cycle - Advent to Epiphany
○ CU: Christmas Watch - What Are We Waiting For?
○ CU: Celebrating Advent in Your Home
- Class 5:** Sunday Readings/Bible Skills
○ Catholic Bible
○ CU: The Bible and Prayer – Themes from the Synod
- Class 6:** The Eucharist
○ CU: Eucharist – Heart of the Church
○ CU: The Real Presence in the Eucharist
○ CU: The Lord’s Supper – Ancient Story, New Beginning
○ CU: The Paschal Mystery – God’s Wonderful Plan
- Class 7:** The Mass/Elements of the Mass/Mass Participation
○ CU: Nine Reasons for Going to Mass - Thanksgiving Every Sunday
○ CU: A Tour of the Catholic Church
○ CU: A Walk Through the Mass – Why We Do What We Do
○ CU: The Roman Missal

- Class 8:** The Creed/What do Catholics believe?
- CU: The Creed – Gateway To Grace
 - CU: The Nicene Creed – What We Believe
- Class 9:** Prayer & Spirituality/Forms of Prayer (end class with 30 minute adoration)
- CU: An Invitation to Prayer – A Guide to Deepening Our Prayer Life
 - CU: Christian Spirituality – Many Styles, One Spirit
 - CU: Our Father – The Prayer Jesus Taught Us
 - CU: Eucharistic Adoration – Drawing Closer to Jesus
 - CU: Sacramentals - A Treasury of Catholic Tradition
- Class 10:** Mary & The Rosary
- CU: Celebrating Mary – Feasts of Our Lady
 - CU: Mary of History
 - Rosary/Rosary Card or Booklet
- Class 11:** Ten Commandments/Works of Mercy/Beatitudes
- CU: Examine Your Conscience with the Ten Commandments
 - CU: The Works of Mercy – Heart of Catholic Identity
 - CU: The Beatitudes - Finding Where Your Treasure Is
- Class 12:** Reconciliation/Types of Sin/Morality/(Schedule with Fr. to celebrate the sacrament)
- CU: Examen of Consciousness – Finding God in All Things
 - CU: Understanding Sin Today
 - USCCB: Morality
 - CU: Ten Tips for Better Confessions - The Gift of Reconciliation
- Class 13:** Celebrate Sacrament of Reconciliation
- Class 14:** The Catholic Church/Vatican II & the Catechism of the Catholic Church (CCC)
- Catechism of the Catholic Church (Book)
 - USCCB: Frequently Asked Questions about the CCC
 - CU: What Does it Mean to 'Be Church'?
 - CU: Infallibility and Church Authority - The Spirit's Gift to the Whole Church
 - CU: Vatican II: The Vision Lives On
 - CU: Ten Achievements of Vatican II
- Class 15:** Current Pope/Current Events/Church Hierarchy
- Roman Catholic Church (handout)
 - The Curia, Magisterium, & Hierarchy of the Catholic Church (handout)
 - Catholic News Resource Sheets

Class 16: Time, Talent and Treasure/St. Genevieve Organizations/Service

- CU: Parish Ministry Today—We're All in this Together

Class 17: Your Faith in the World

- CU: In Support of Life

Note: This schedule leaves four class periods open to attend Mass/Holy Days of Obligation/
Guest Speakers/Church events depending on what part of the year the program is held.