

First Eucharist Team

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St. Genevieve Catholic Church

Sacrament of the Holy Eucharist



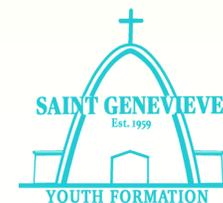
St. Genevieve Catholic Church

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"Then he took bread, said the blessing, broke it, and gave it to them, saying, 'This is my body, which will be given up for you...'"

- Luke 22:19





Christ Really Present?

- The essential **signs** of the Eucharistic sacrament are **bread and wine**, on which the blessing of the **Holy Spirit** is invoked and the priest pronounces the **words of consecration** spoken by Jesus during the Last Supper: **“This is my body which will be given up for you...This is the cup of my blood...”** (CCC 1412)
- By the consecration the transubstantiation of the **bread and wine into the Body and Blood of Christ** is brought about. ...Christ’s **Body and Blood, Soul and Divinity** is truly present in a real and substantial manner. (CCC 1413)

What is the Holy Eucharist?

“Jesus said: ‘I am the **living bread** that came down from heaven; if any one eats of this bread, he will live forever;...**he who eats my flesh and drinks my blood has eternal life** and...abides in me, and I in him’” (Jn 6:51, 54, 56).

The Eucharist:

- Is the **heart, source and summit of the Church’s life**. (By this sacrifice Christ pours out the **graces of salvation** on his Body the Church.);
- Is the **memorial of Christ’s work** of salvation accomplished by his life, death and resurrection;
- Is **offered in reparation for the sins** of the living and the dead and to obtain spiritual or temporal benefits from God;
- Must be received in a **state of grace**;
- Is given as Christ’s **pledge of glory** with him; **sustains our strength** for life’s pilgrimage, gives us longing **for eternal life** and **unites us** presently to the church in heaven, the Blessed Virgin Mary and all the saints. (CCC 1409-15)

The Eucharistic celebration always includes: **proclamation** of the Word of God; **thanksgiving** to God; **consecration** of bread and wine; and **participation** in the liturgical banquet (receiving Christ’s body and blood). These elements constitute one **single act of worship**. (CCC 1408)

Youth Formation Structure

What will the new structure look like?

Weekly Small Groups/Sacrament Prep

- **September—December (2nd Grade)**
- **Sunday Morning**
- Connect through community
- Walk with trusted adults
- Opportunities to encounter Christ
- Participate in Mass as community
- Intentional faith instruction
- Peer accountability
- Faith sharing
- Pray for each other at Mass
- Content-specific teachings
- Spiritual application
- Sacrament preparation

Optional Faith Experiences

- **Advent & Lent One-Day Bible Camps**
Pre-K - 5th Grade
(Saturday/Fall & Spring)
- **1st Eucharist Retreats**
2nd Grade/Parents
(Saturday or Sunday/Half-Day)
- **Summer Camp**
Pre-K—5th Grade
(1 Week, Mon.—Fri. half/days)

